**ACTIVITY NO. 1.3: MEASURING SHORT TERM MEMORY (STM)**

**Objective**

Determine how much the capacity and span of a human STM.

**Materials**

Personal Computer

Procedure:

1. Go to <https://practicalpie.com/free-memory-test/> website.
2. Play the Short Term Memory video below
3. Click FREE MEMORY TEST on the right side of the screen.  
     
   Graphical user interface

   Description automatically generated with medium confidence
4. Answer the following questions:

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| * 1. What conclusions can you draw from this activity? |
| Answer:  It was really nice and really challenged me. |
| * 1. What does this indicate about the capacity of short-term memory? |
| Answer:  This indicated that my short-term memory is only good with short numbers or only a few details but if it’s a lot, I have a hard time remembering it. |
| * 1. What does it indicate that helps improve the capacity of short-term memory? |
| Answer:  It would really help if I paid attention more. |